

THE DOMINANT MUSCLE BUILDER*

WHY USE BRANCHED CHAIN AMINO ACIDS (BCAA)? Supplementation is crucial for athletes seeking to build muscle. BCAA are the primary building blocks for muscle growth, reduced muscle breakdown and facilitation of fat loss. Unlike other amino acids, BCAA aminos – leucine, valine and isoleucine – cannot be produced by the body, so must be provided through diet or supplementation.*

WHY USE ALLMAX AMINOCORE? Not all BCAA are created equal. AMINOCORE delivers 8.18g of BCAA in a 9:6:5 ratio clinically proven to provide a 350% increase in activation of muscle growth signals! The purest, free-form source of BCAA, AMINOCORE has no added fillers or non-BCAA aminos. AMINOCORE's 9:6:5 BCAAs are 100% pure prior to flavoring. Typical 2:1:1 sources contain impurities resulting in cloudiness, oily foam, sediment, and the worst – a harsh bitter taste! AMINOCORE is the cleanest, purest, best-tasting BCAA supplement money can buy!*

INTELLIGENT DIET SUPPORT. AMINOCORE feeds your muscles during diet and exercise to dramatically decrease muscle loss. Additional B-Vitamins further assists in enhancing metabolic power and improving energy levels.*

THE SCIENCE OF MUSCLE GROWTH. AMINOCORE 9:6:5 BCAA ratio is clinically proven to increase the activation of muscle growth signals. Scientific studies have identified mTor-p70S6K as the trigger directly responsible for extreme muscle growth. Supplementing with BCAA has been shown to activate increased mTor-p70S6K cellular signaling responsible for muscle growth. The result: you build and retain more hard earned lean muscle and maintain a higher metabolism.†*



CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED. This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the **Informed Choice** program. For further information about the testing process and test results, please visit www.CleanForAthletes.com.



Made in USA with domestic and imported ingredients



† Combined with intense resistance training, research has shown that 8,180 mg of BCAA in a 9:6:5 ratio increase signaling within muscle cells to upregulate protein synthesis (growth) by 350%. Research conducted at the Nobel Prize winning Karolinska Institute in Stockholm, Sweden. Journal reference: Karlsson et. al. Am J Physiol Endocrinol Metab 287: E1–E7, 2004.

*Due to natural variations in product density, resulting from settling and/or humidity, the values are approximate. Product is sold by weight.

30
SERV

ALLMAX®



AMINOCORE™ BCAA

8G
BCAA

0G
SUGAR

0G
CARBS



Net Wt 315 g (0.69 lbs)

DIETARY SUPPLEMENT

BLUE RASPBERRY

DIRECTIONS: To activate protein synthesis and increase muscle recovery*, take 1 scoop of AMINOCORE™ during weight training or any athletic event. On non-training days, AMINOCORE™ can be taken anytime on an empty stomach. Mix 1 scoop (10.5 g) into 17 oz (approx. 500 ml) bottle of water or a tall glass of water (2 cups). Shake or stir well. Take during workouts.

Supplement Facts

Serving Size 1 scoop (10.5 g) Servings Per Container 30†

| Amount Per Serving | | % Daily Value |
|--|-------------|-----------------|
| Calories | 15 | |
| Total Carbohydrate | 0 g | 0% [‡] |
| Sugars | 0 g | † |
| Niacin / Niacine | 20 mg | 125% |
| Vitamin B6 (as Pyridoxine HCl & Pyridoxal-5'-Phosphate [P5P]) | 2 mg | 118% |
| Folate (as Folic Acid & Calcium 5-Methyltetrahydrofolate) | 668 mcg DFE | 167% |
| Vitamin B12 (as Methylcobalamin) | 6 mcg | 250% |
| AMINOCORE™ BCAAs [9:6:5] | 8,180 mg | † |
| L-LEUCINE (45%) | 3,681 mg | |
| L-VALINE (30%) | 2,454 mg | |
| L-ISOLEUCINE (25%) | 2,045 mg | |

‡ Percent Daily Value based on a 2,000 calorie diet

† Daily Value not established

OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Lecithin (Sunflower).

WARNINGS: For adult use only. Ensure to drink enough fluid before, during and after exercise. Do not take if you have pre-existing medical conditions. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Those sensitive to Vitamin B3 (Niacin) may experience flushing of the skin that is generally mild and transient. Discontinue use and contact your healthcare practitioner if you experience adverse reaction. Consult a healthcare practitioner prior to use if you have liver or kidney disease, or if you have been instructed to follow a low protein diet. **KEEP OUT OF REACH OF CHILDREN AND PETS.** Store in a cool, dry place away from direct sunlight. Do not use if inner seal is broken.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

Natural & Artificial Flavors / Sweetened with sucralose and acesulfame potassium

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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